



# Year 4 Spring 1

## What does it mean to be a Sikh in Britain today?

Amrit Sanskar	A ceremony where people join the Khalsa	Khalsa	A community that considers Sikhism as its faith
Shabads	Sacred hymns in the Guru Granth Sahib	Vaisakhi	The celebration celebrating the founding of the Sikh community
Guru Granth Sahib	The Sikh holy text	5 Ks	Five symbols which show you are a member of the Khalsa
Gurdwara	A Sikh place of worship	Guru	Sanskrit term for teacher, guide, leader or master. In Sikhism there are 10 Gurus

### The Guru Granth Sahib



The **Guru Granth Sahib** is the Sikh holy book. It is covered by a **rumala** when not in use. The **chaur** is made from yak's hair. It is waved over the **Guru Granth Sahib** as a sign of respect.



### What I know already

- Sikhism is one of the world's main religions and founded by Guru Nanak.
- The '**Mool Mantar**' is the statement of all the important Sikh beliefs.
- The symbol Ik Onkar means there is only one God.
- Sikhs worship at the Gurdwara and practice 'sewa' (service) there in the langar (kitchen).

### Powerful knowledge

- The Guru Granth Sahib is the Sikh holy book. It contains messages of all the Gurus. The Guru Granth Sahib contains 5867 shabads, which were written by six of the ten Gurus and is regarded as a living guru.
- Joining the Khalsa through Amrit Sanskar shows total commitment to Sikhism (not all Sikhs do this)
- If you become a Khalsa Sikh you wear the 5ks and make vows.
- Vaisakhi (sometimes known as Baisakhi) is the festival which happens every April and celebrates the founding of the Khalsa by the Guru Gobind Singh.
- Sikh core values are dignity, human equality and service and influences how Sikhs try to live.

### The 5 Ks

**Kesh:** Sikhs leave hair uncut to show obedience to God.

**Kangha:** A wooden comb that helps Sikhs to keep their hair in place.

**Kara:** A steel bangle that reminds Sikhs to behave well.

**Kachera:** These are shorts worn as underwear.

**Kirpan:** A tiny sword worn by Sikhs.

