

PE - Knowledge Organiser

Year 2 - Autumn 2 - Net and Wall



Knowledge Organiser Net and Wall Games Year 2

head

Ladder Knowledge

Feeding:

watch the ball as it—use enough power when throwing to let the ball

partner returns it.

sending the ball towards your partner to help you to get bounce once before your will help you to keep a rally going.

Rallying:

Footwork:

using a ready position helps you to react quickly and return/catch a ball.

About this Unit

Net and wall games are games where either a net separates the players or a wall is used. The object of these games is to hit the ball over the net and into the court space or against a wall to make it difficult for a partner to return. Examples include tennis, badminton, volleyball, squash.



throw

Hitting:

comes towards you

ready to hit it.

- catch
- hit
- track

This unit will also help you to develop other important skills.



Thinking

co-operation, respect, support others

Emotional honesty, persevere

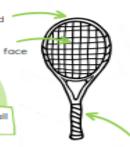
> select and apply, reflection, decision making, comprehension



Ready position:

- · knees bent
- feet apart
- · racket in front

Helps you to move to the ball and defend your space.



handle

Know how to score points for each game and follow simple rules.

Attacking tactics

- · Hit or throw the ball away from your opponent
- · Make quick decisions about where to hit/throw

Using tactics makes it difficult for my opponent. Defending tactics

- Use a ready position to react quickly
- · Return to the middle of your space after hitting/throwing

Find more games that develo these skills in the Home Learning Active Families tab on

www.aetset4education.co.uk



- Make sure any unused equipment is stored in a safe place.
 - Stay a safe distance from one another when using the racket.



Catch Tennis

Create a net through the middle using your markers.

- . Stand on either side of the net.
- Take turns to throw undercorn over the net.
 Try to earth the ball before it because twice.





Powerful Knowledge

against

defend

ready position

partner

receive

point

return

quickly

trap



This unit will help you to:

- + change direction quickly
- balance
- · move different parts of your body at the same time
- be faster
- + move for longer