

Year 2 Spring 1 and 2 PSHE Boys, Girls and families



PSHE

Powerful knowledge/skills for this unit:

We will learn about:

The differences and similarities between people

- be able to define difference and similarity
- understand that boys and girls can do the same tasks and enjoy the same things, but that stories, TV and people sometimes say boys do this and girls do that

The biological differences between male and female animals and their role in the life cycle

- know that female mammals give birth and nurse their young
- can describe the biological differences between male and female
- understand that the creation of life requires a male and female

Growing from young to old and that they are growing and changing

- identify key stages in the human life cycle
- understand some ways they have changed since they were babies
- understand that all living things including humans start life as babies

How everybody needs to be cared for and ways in which they care for others

- understand that we all have different needs and require different types of care
- identify ways we show care towards each other
- understand the links between needs, caring and changes throughout the life cycle

different types of family and how their home-life is special

- can describe different types of family
- identify what is special and different about their home life
- understand families care for each other in a variety of ways

What should I already know:

- That I was a baby.
- I have people who care for me.
- Who is in my family.

Big Question:

How can you show care for someone in your family?

The end point:

Children know what the differences are between boys and girls and how to show you care for someone in your

Key vocabulary family, same, different, boy, girl, babies, male, female, new life cycle, birth, timeline, order, growing, changing

Zones of regulation



Mindmate Monday lesson

Year 2 Spring 1 New school/class Making new f



Lesson focus: that talking about my feelings can help. **Pupils should have the opportunity to** learn how to communicate their feelings about new experiences to others recognise how others show feelings & know how to respond

Year 2 Spring 2 Strong emotions

Lesson focus: Comfortable & uncomfortable feelings I can talk about what makes me feel sad. **Pupils should have the opportunity to** describe how it feels to be sad/unhappy express & share feelings of unhappiness