

Year 6 Spring 2 PSHE Keeping safe and managing risk



PSHE

Powerful knowledge/skills for this unit:

We will learn about:

Feelings of being out and about in the local area with increasing independence

- are aware of potential risks when out and about in the local area
- describe a range of feelings associated with being out and about
- understand that people can make assumptions about others that might not reflect reality

Recognising and responding to peer pressure

- can identify risky behaviour in peer groups
- recognise and respond to peer pressure and who they can ask for help
- understand how people feel if they are asked to do something they are unsure about

The consequences of anti-social behaviour (including gangs and gang related behaviour)

- know some of the consequences of anti-social behaviour, including the law
- describe ways to resist peer pressure
- recognise they have responsibility for their behaviour and actions

What should I already know:

How to keep safe online. Understand violence in relationships is unacceptable. Understand risks around missing persons.

Big Question:

Do you know who to ask for help when you feel peer pressure?

The end point: Understand what anti-social is. Know what someone could do if they were asked to something they feel unsure about?

Key vocabulary Peer pressure, consequence, antisocial, law, peer pressure, independent, gangs, youths, behaviour, protected.



**Zones of
regulation**

Mindmate Monday lesson

Year 6 Spring 2 Strong emotions

Lesson focus: Happiness I have a good understanding of emotional wellbeing

Pupils should have the opportunity to:

Deepen their understanding of comfortable feelings & extend their vocabulary to enable them to explain both the range & intensity of their feelings to others recognise & respond appropriately to a wider range of feelings in others know when they might need to listen to their emotions in order to move on.