



Curriculum Subject Overviews 2024-2025



Games & Physical Education

| | Autumn 1 | Autumn 2 | Spring 1 | Spring 2 | Summer 1 | Summer 2 |
|------------------|--------------------------------|----------------------------|---------------------|-----------------------------|----------------------------|------------------------------------|
| Reception | FMS/FSS | FMS | FMS | FMS/FSS | FMS/FSS | FMS |
| | Introductory Skills | Gymnastics UI | Dance | Fundamentals UI | Ball Skills UI | Dance |
| Year 1 | FSS | SSS | FMS / SSS | FSS | SSS | FSS / FMS |
| | Multi-Skills (Invasion Games) | Fundamentals | Dance | Multi – Skills (Net & Wall) | Athletics | Dance |
| | Fundamentals | Yoga | Ball Skills | Sending and Receiving | Team Building | Target Games |
| Year 2 | FSS | FMS / SSS | SSS / FSS | FSS | FMS / SSS | FSS |
| | Multi- Skills (Invasion Games) | Fundamentals | Gymnastics | Multi-Skills (Net & Wall) | Dance | Multi-Skills (Striking & Fielding) |
| | Fundamentals | Dance | Ball Skills | Sending & Receiving | Team Building | Target Games |
| Year 3 | SSS | FMS / SSS | FMS / SSS | SSS | FMS / SSS | SSS |
| | Netball (Invasion Games) | Dodgeball (Invasion Games) | Fitness | Uni-Hockey (invasion Games) | Ball Skills | Cricket (Striking & Fielding) |
| | Tennis | Dance | Fundamentals | Athletics | Dance | Handball (Invasion Games) |
| Year 4 | SSS Swimming | SSS Swimming | FMS/ SSS Swimming | SSS Swimming | SSS Swimming | SSS Swimming |
| | Basketball (Invasion Games) | Gymnastics | Tennis (Net & Wall) | Athletics | Tag-Rugby (Invasion Games) | Rounders (Striking & Fielding) |

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|---------------|--------------------|-----------------------------------|-------------------------|--------------------|---------------------------------|--|
| Year 5 | FMS ? SSS Dance | SSS Dodgeball (Invasion Games) | FMS / SSS Fitness | FMS / SSS Dance | SSS Volleyball (Net & Wall) | SSS Cricket (Striking & Fielding) |
| | Golf (Striking) | Gymnastics | Volleyball (Net & Wall) | Athletics | OAA | Handball (Invasion Games) |
| Year 6 | FMS / SSS Dance | SSS Dodgeball (Invasion Games) | FMS / SSS Fitness | FMS / SSS Dance | SSS Tag-Ruby (invasion Game) | SSS Rounder's (striking & Fielding) |
| | Golf (Striking) | Gymnastics | Volleyball (Net & Wall) | Athletics | OAA | Football (Invasion Games) |

KS1 and KS2 Key:

Abbreviations: Fundamental Movement Skills (FMS), Fundamental Sports Skills (FSS,) Sport Specific Skills (SSS)

Athletics: During our athletics module's pupils will practise their sports day activities

Dance: Dance will be taught within a CPD setting by MVMNT from Rec – Year 6 on a Wednesday afternoon 1.15 – 2.15 PM and 2.15 PM – 3.15 PM

MVMNT will teach PE on Tuesday and Thursday afternoons to years 1,2,4 and 5 – highlighted in red

Swimming: Year 4 will attend swimming lessons once a week throughout the school year on a Wednesday afternoon 2-2.30 PM

Autumn Term 2024 w/c 9th September to w/c 9th December excluding w/c 28th October (13 weeks)

Spring Term 2025 w/c 13th January to w/c 24th March excluding w/c 17th February (10 weeks)

Summer Term 2025 w/c 28th April to w/c 7th July excluding May Day (5th May) and w/c 26th May (10 weeks)

Fitness; Pupils will develop a holistic understanding of fitness; body, mind and soul.