



PE - Knowledge Organiser

Summer 1 – Year 2 – Dance



Knowledge Organiser Dance Year 2

About this Unit

This unit is inspired by lots of different themes. Here are some that you may explore...

Secret Garden

- Getting nectar (balance); it counts
- Wiggle dance (movement in the hoop); it counts
- Wavy lines (travel); it counts
- Landing time (around the hoop); it counts

The Rainforest

- Name trees; it counts
- Terminals can last for 2,000 years
- A quarter of rainforests come from carboniferous plants
- The Amazon basin is the largest river basin in South America; it would be five times bigger in the winter
- The Amazon basin is almost entirely deforested, only 2% remains
- One of the rainforests can reach 40m high and some trees grow up to 80m tall



JACK FROST

- Start position; it counts
- Leaping actions 16 counts
- Set phrase on the spot 8 counts
- Own movement with the scarf 8 counts
- Finishing position 8 counts

Powerful Knowledge

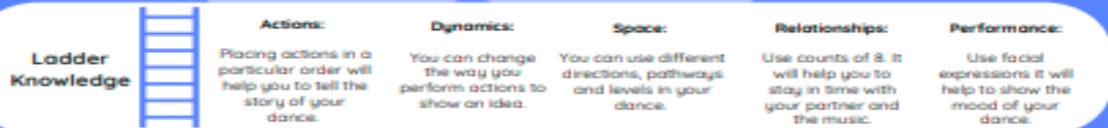
action	expression
counts	level
create	matching
direction	mirroring
dynamics	pathway



perform
speed
timing
unison



If you enjoy this unit why not see if there is a dance club in your local area.



Movement Skills

- actions
- dynamics
- space
- relationships

This unit will also help you to develop other important skills.

Social Emotional Thinking

respect, collaboration, work safely, communication independence, confidence, perseverance, determination provide feedback, comprehension, reflection, observation, creativity

Strategies

Keep practicing your dance. It will get better everytime.

Healthy Participation

- You should be bare foot for dance.
- Ensure you always work in your own safe space when working on your own.



This unit will help you to:

- balance
- move different body parts at the same time
- be more flexible

Home Learning

Newspaper Dance

What you need: 1 or more players, a sheet of newspaper per player, a music track, someone to press stop.

- How to play:
- Each player begins standing on a large piece of newspaper.
 - When the music plays move off the newspaper and dance around the space.
 - When the music stops stand on the newspaper. Players are not allowed to touch the floor.
 - When successful reduce the size of the newspaper by folding it.
 - Keep playing until you cannot stand without going out of the boundary.

Head to our youtube channel to watch the skills videos for this unit.



@getset4education156