



PE - Knowledge Organiser

Summer 1 – Year 2 – Team Building



Knowledge Organiser Team Building Year 2

About this Unit

Being able to work as a team is an important skill. What does good team work look like?



Respect:
They teach you to be more understanding of others and to share responsibilities between you.



Communication:
Learning to listen to others, giving and following instructions and sharing ideas.

Working together:
Being able to share ideas and work together to come up with a plan.



Problem solving:
You get to learn from others and share ideas to find the best answer to solve a problem.



Ladder Knowledge



Problem solving:
listening to each other's ideas might give you an idea you hadn't thought of.

Navigational skills:
a map tells us where we are.

Communication:
using encouraging words when speaking to a partner or group will help them to trust you.

Reflection:
talking about what you have done well and what you could improve will help you if you play again.

Movement Skills

- run
- jump
- balance
- co-ordination

This unit will also help you to develop other important skills.

- Social** support and encourage others, communication, inclusion, trust, kindness
- Emotional** perseverance, confidence, determination, accepting
- Thinking** comprehension, identify strengths and areas for development, problem solving

Rules

Listen carefully to the rules of each game so that you can use them.

Healthy Participation

- Work safely around others and when using equipment.
- When using blindfolds, make sure the area is safe and only move when your partner tells you to.



Powerful Knowledge



communicate	plan
include	solve
instructions	successful
map	support



If you enjoy this unit why not see if there is a forest school club in your local area.



This unit will help you to:

- balance
- move different body parts at the same time
- be faster

Home Learning



Find more games that develop these skills in the Home Learning Active Families tab on www.getset4education.co.uk



Magic Carpet



What you need: ten socks, one towel per player, one or more players.

How to play:

- Mark a distance of 5m - 7m and place all of the socks at one end.
- Players begin sitting on their towel at the start line opposite the socks.
- They race to collect one sock at a time and transport it back to the start line. They must not come off their towel.
- Slide the carpet move by bringing your heels to your bottom and then straightening your legs as you shuffle forwards.
- Playing by yourself? How quickly can you transport the socks?
- Playing with someone else? Who can transport the most socks?

How else can you make the carpet move?



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