



PE - Knowledge Organiser

Autumn One – 2024/2025 – Year 6 – Golf (Striking)



Knowledge Organiser Golf Year 6

About this Unit

Golf can be played individually or as a team. Players hit a small ball with a club around a golf course. Golf courses are large areas that include obstacles such as sand-filled pits, called bunkers and water hazards. Golf is a target game. In golf the targets are small holes that are found on short grass areas called the green. Players aim to hit the ball into the holes in as few hits as possible. In golf hits are called strokes.



Powerful Knowledge

- abide:** act in accordance with the rules
- align:** place or arrange things in a straight line
- angle:** formed when two lines come together at a shared point e.g. arm to floor
- appropriate:** suitable approach
- chip:** a shot used in golf over a short distance
- drive:** a shot in golf used to hit over a long distance
- force:** create power
- grip:** the way an object is held
- par:** the number of strokes expected for a particular hole or course
- putt:** a short shot played when the ball is on the green (near the hole)
- shot:** the type of hit used
- stance:** the body position taken



Ladder Knowledge



Striking

Year 6: Identify the distance to the hole to help you select the correct stroke.

Movement Skills

- balance
- co-ordination
- striking

This unit will also help you to develop other important skills.

- Social:** work safely, support and encourage others, collaboration
- Emotional:** perseverance, self regulation, patience, honesty
- Thinking:** analysis, select and apply skills

Rules

- Strokes must be taken from where the ball stops.
- Be honest when adding up your score.

Healthy Participation



- Remain a safe distance from others when they are swinging.
- Do not swing the clubs when waiting to play.



If you enjoy this unit why not see if there is a golf club in your local area.

How will this unit help your body?
balance and co-ordination

Home Learning



Find more games that develop these skills in the Home Learning Active Families tab on www.getset4education.co.uk

Indoor Golf



What you need: markers, a ball or pair of rolled up socks per player, a flying disc, a pen and a piece of paper.

How to play:

- Create your golf course by placing two markers in each room of your home. Place the markers 0.25m apart to create a gate, the 'hole'.
- Begin at the opposite end of the room. Using your flying disc, count how many attempts it takes to hit your ball through the hole.
- Write down how many hits it took to get the ball through each hole and add up your total at the end.
- Playing with someone else? Who can complete the course with the least number of hits?
- Playing by yourself? Can you complete the course again and complete it with less hits?

www.getset4education.co.uk

Head to our youtube channel to watch the skills videos for this unit. @getset4education136